

Team Meeting Agenda

Introduction

- A. Welcome to our season.
- B. Coaches' introduction
- C. Player introduction
 - a. Who they are, the grade they are in, and the position they enjoy most / feel most proficient at...?

Expectations

- A. What to expect from your coaches?
- B. What your coaches will expect from you.
 - 1. Come prepared.... Not just physically but mentally as well
 - 2. What will you be contributing to our team, our practice, or our game?
 - 3. Be a coachable player.
 - 4. Give it your all, leave nothing behind

Practices and Games

- A. Schedules
 - 1. Practice indoor / outdoor
 - a. Indoor per gym schedule
 - b. Outdoors JV 3pm to 5pm, Varsity 4pm to 6pm.
 - 2. Game Schedules are everchanging!
 - a. Pay attention to your emails and notifications.
 - 3. Evaluations: 4/1 through 4/3
 - 4. Indoor and Outdoor Practice Overview

Points of Emphasis

- A. Injury and Illness reporting
 - 1. All injuries and illness NEED TO BE REPORTED!
 - a. As soon as they happen.
 - b. Clearance from the athletic trainer is required on all injuries prior to RTP status.

B. Transportation Policy Review and Clarification.

C. Communication Policy

1. When emailing or communicating through electronic media, two coaches "To:" and "Cc:" line
2. Email is always the best way.

D. Homework Assignment

1. Score Keeper practice: watch softball / baseball game, at least 3 innings.
 - a. Printable sheet under files
 - b. Instructional video under links (2 part video)
2. Nutrition guide Read by the end of the week.
3. Get to know coach Essay: One page , no word count.
 - a. What do you want your coach to know about you
 - b. What do you hope to accomplish during this season
 - c. What is most important to you regarding the sport of softball.